



Touch the Spirit[®] is an activities and engagement program connecting persons living with dementia with their past religious and spiritual traditions, along with activities including exercise, music, arts, and life-long learning.

Touch the Spirit[®] activities include short moments of connection where talented Christian Horizons associates provide words of comfort, offer a compliment, enjoy a treat together, spend time outdoors, talk about special moments in a resident's life story, have a meaningful discussion, enjoy music or a hymn together, or share a favorite Bible story or religious passage.